

All we want is a  
moment of your time.

An invitation to get to know  
your neighbours.

Please join us at our "Food for Thought" event.  
All you need to bring is yourself. There will  
be no request for donations. We would just  
like to meet you and tell you more about  
the work we do in your community.

The "Food for Thought" event is held the  
first Wednesday of every month  
from 6:00pm to 7:00pm  
at The Mississauga Food Bank

The Mississauga Food Bank is located at  
2550 Goldenridge Road, Unit 36,  
Mississauga, Ontario.  
Please see reverse for map and directions.

Please RSVP to (905) 270-5589 or for more  
information visit  
[www.themississaugafoodbank.org](http://www.themississaugafoodbank.org)



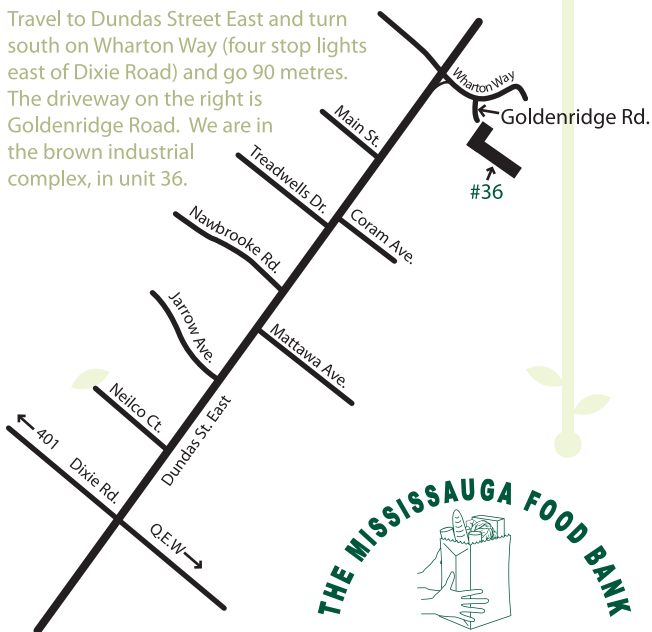
**Fighting Hunger...Feeding Hope**

## DID YOU KNOW...

- 17% of Mississauga residents live in poverty
- 20% of Mississauga children live in poverty
- The Mississauga Food Bank provides food to more than 10,000 residents each month
- 47% of our food bank clients are children
- The Mississauga Food Bank distributes 100 tons of food each month
- The Mississauga Food Bank depends on over 25,000 hours of volunteer time each year
- The Mississauga Food Bank serves the entire community
- 65% of our client households do not have enough food to eat due to lack of money
- 27% of our adult clients go hungry at least once a month
- Our clients spend an average of 82% of their monthly income on rent, leaving only \$4.63 per day for other vital expenses

## MAP AND DIRECTIONS

Travel to Dundas Street East and turn south on Wharton Way (four stop lights east of Dixie Road) and go 90 metres. The driveway on the right is Goldenridge Road. We are in the brown industrial complex, in unit 36.



**THE MISSISSAUGA FOOD BANK**  
  
**Fighting Hunger...Feeding Hope**