



Dear Neighbour,

The number of families in Mississauga that are having a difficult time making ends meet continues to grow. With incomes that don't meet basic needs for shelter, food, transportation and childcare, thousands of people rely on the support that you provide month after month.

It takes every one of us in Mississauga to feed our hungry neighbours. Thanks to the many generous donors who enabled 1.4 million pounds of healthy food to be distributed over the past year – we couldn't do it without your support!

Chris Hatch

Chris Hatch, Executive Director

THANK YOU!

\$25,000+



\$10,000+

Maxxam Analytics
Ontario Trillium Foundation
Purolator
RBC Foundation
The Harold E. Ballard Foundation

\$5,000+

3M Canada
Sam McDadi
Frank Fowler Foundation
Green Shield Canada
Grocery Foundation
H&R Property Management
Insurance Bureau of Canada
ISNA Canada
Remax Promotions Inc.
Rotary Club of Mississauga West
Toronto Theosophical Society
Transglobal Systems of Canada

\$2,500+

BASF Canada
Lauren Bernardi
Heidi Bischof
Eli Lilly Canada
GE Capital Canada Commercial Equipment Finance
Patricia J. Holway
Ivanhoe Cambridge II Inc

We would like to thank the many individuals and organizations who made a commitment to feed our hungry neighbours in 2013-2014. The following is a list of those whose contributions totalled over \$1,000.

Masjid Al-Farooq
Mother Parkers Tea and Coffee
Dorothy Pierzchalski
Primerica
RSA Insurance Company of Canada
Toronto Scottish Regiment
Total Power
Gary and Elizabeth Ward

\$1,000+

Rod and Ewa Alafiz
Dr. Alison Arnot
Autodome
Baxter Corporation
BDO Canada LLP
Navdeep Bains
Ralph Bond
Glenn and Ruth Bragonier
Caldic Canada Inc
Cedara Software Corp
Wilson Chiu
Coloplast Canada Corporation
Cristo Rei Parish
CTC Communications Corporation
CTS of Canada
DataScan Field Services
Ken and Mahnaz Dinshaw
Bill and Lisa Dunne
Eaton Industries Canada
Economical Insurance
Enersource Hydro Mississauga
James and Diane Evans
Farm Credit Canada
Ruth Foley
Fernando Francisco
Frischkorn Audio-Visual Rentals
Sonia Gandhi
Grade Learning
Shawn Hammond
Harpell Associates Inc
Chris Hart and Mary D'eon
Chris and Karen Hatch
David Hoey
Ingredient Canada Inc.
Islamic Food and Nutrition Council of Canada
Jamia Islamia Canada
JM Family Enterprises

Kingstec Technologies Inc.
Kiwans Club Mississauga South
Knights of Columbus No. 9612
Michael Lamey
Ledcor Construction
Lifehouse Church
Yan J. Lu
Kelley MacKlaier
J Anthony Manastersky
Merge Healthcare Canada
Michael Spaziani Architect
Doris Mok
Philip Mostowich
Terrance Murphy
Salim Naqvi
Norampac - Vaughan
Peel Adult Education Centre-South Campus
Peel Elementary Teachers' Local
Shirley Penteliuk
PepsiCo Foods
Roy and Patricia Pullen
R. J. Blake Inc.
Bilal Rashid
Retired Women Teachers of Ontario
Edward Rosengren
Catherine Rowe
Royal Canadian Legion 139 - Streetsville
Russel Metals
Wes Scott
Scotts Canada
Claire Seller
Suman Seth
Sheridan Park Public School
Maged Sidhom
Sobeys
Southwire Canada
Stanley Black & Decker
Steelworkers Humanity Fund
Studio Next
Telus Community Affairs
The Pampered Chef Canada
Thompson Ahern International
Allen Tower
Wesley Wong
Dr. Stanwick Lam Watt
WorleyParsons Canada
Bill V. Wilkinson
Zale Canada

2013-14 STATISTICS

2,515,566 meals

1,361,654 lbs of food distributed

702,505 lbs of fruit, vegetables, meat, milk and dairy distributed



3,516

generous donors who supported The Mississauga Food Bank



9,452

volunteer hours served



65

member agencies (as of May 31, 2014)



488,076

times children received food support



2,128

skids of donated food sorted by volunteers

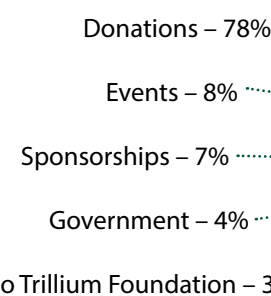


79,818

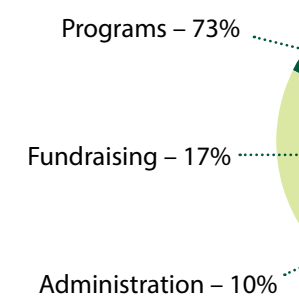
boxes used to ship food

2013-2014 Financial Overview

Donations & Income: \$1,159,186



Expenses: \$1,102,549



Susan's Story

When Susan and her husband were both working, they had no problem affording all of the necessities, and maybe a dinner out once in a while. But when Susan's job was outsourced and she was laid off, her family suddenly had only one income. With pressure mounting and bills piling up, food was the first thing Susan cut back on, skipping meals herself so her son had enough to eat.

Thankfully, one of the staff at the children's centre quietly recommended Susan go to the neighbourhood food bank to get some help. Now receiving 7-10 days' of nutritious food each month from The Mississauga Food Bank, Susan isn't skipping meals anymore, and her stress has decreased enough that she can focus on looking for a new job.

Thank you for helping us work towards a Mississauga where no one goes hungry.

It takes all of us to feed our hungry neighbours:

- Donate quickly and securely online at www.themississaugafoodbank.org
- For every \$1 you give, we can distribute 3 meals!
- Donate food at your local fire station or grocery store
- Volunteer in our warehouse or at any of our events. Sign up online!
- Start a virtual food drive and invite your friends to "shop" for the food bank. Visit our website to set up your page.



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Mississauga ON L4X 2E2

905.270.5589
info@themississaugafoodbank.org

Charitable Registration # 11892 7011 RR001

www.themississaugafoodbank.org

Follow us online. You can find us on:



Annual Impact Report

2013 - 2014



A Mississauga where NO ONE goes hungry

ENSURING NO ONE IN MISSISSAUGA GOES HUNGRY

In the same way as The Mississauga Food Bank provides nutritious food to the entire city of Mississauga, we require the support of all of our neighbours to ensure that our hungry neighbours have enough to eat.

Thanks to the hard work and dedication of community fundraisers, corporate supporters, food drive organizers, employee groups, school students, member agencies and our staff and volunteers, nutritious food for 2.5 million meals was distributed in 2013-2014 to hungry children, families and seniors in Mississauga.



Corporate Food Donors

Thanks to the corporations headquartered in Mississauga, we received a significant amount of donations from the food industry. Every week in 2013-2014 our truck traveled to the **Sobeys Warehouse Distribution** centre where we received a total of 109,880 pounds of fresh fruit, vegetables and dairy products!

Other Top Corporate Food Donors:

- Target – **25,166 pounds**
- Maple Leaf Foods – Canning Division – **15,462 pounds**
- Pepsico – **8,921 pounds**
- Nestle Waters Canada – **8,918 pounds**



Food Drives

With 36% of all food coming from food drives and the public, we rely on neighbours asking their neighbours to donate food to feed all our neighbours! The **OPP Port Credit Auxiliary Detachment** ran 'Cram the Cruiser' over 4 weekends in November and December and raised **41,897 pounds** of food!

Other Top Community Food Drives:

- Greater Toronto Apartment Association, Spring Hope – **17,914 pounds**
- Rashna Chotai's Meadowvale Village Food Drive – **11,072 pounds**
- The Sant Nirankari Mission Canada – **9,046 pounds**
- 6th Erin Mills Scouts – **8,214 pounds**



Workplace Support



We're so appreciative of the groups of employees who spent their time raising food for us through competitions, challenges and creative campaigns in 2013-2014. **Pratt & Whitney Canada** employees raised the most of any employee food drive, collecting and donating **2,654 pounds!**

Other Top Employee Food Drives:

- Accenture City Centre Drive and Presto – **2,587 pounds**
- Nikon Canada – **2,394 pounds**
- Stackpole International Engineered Products – **2,356 pounds**
- Autotech Emporium – **2,232 pounds**



Student Support

At schools across Mississauga, students learn about "giving back" through collecting and donating food. The students at **Philip Pocock Catholic Secondary School** raised the bar in 2013-2014 gathering **2,172 pounds** of food during their annual Thanksgiving drive.

Other Top School Food Drives:

- Holy Name of Mary College School – **1,914 pounds**
- Queenston Drive Public School – **1,306 pounds**
- Fallingbrook Middle School – **1,277 pounds**
- Ridgewood Public School – **1,272 pounds**



Your Support at Work

With over 100,000 people living in poverty in Mississauga, we put your support to work ensuring an efficient system of getting food to those who need it most. We rely on your generous food, financial and volunteer support to ensure no one in Mississauga goes hungry.

Our team of staff and volunteers partner year-round with our generous supporters to make sure that fresh food doesn't spoil and that client needs are met by receiving, inspecting, sorting, and distributing food as quickly and safely as possible.



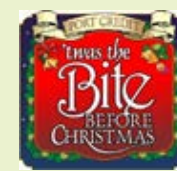
Member Agency Support

Without the member agencies that make up The Mississauga Food Bank network, there would be no neighbourhood food banks, meal programs, food pantries, snack clubs or breakfast programs available in all corners of Mississauga to feed our hungry neighbours. We value our relationship with each of our agencies and acknowledge the hard work they do individually serving clients each day.

In 2013-2014, the **Salvation Army Erin Mills Community Church Food Bank** stepped up their role in our network by establishing a full-service neighbourhood food bank. Serving clients who live in postal codes L5L and L5K, they are a dedicated and committed team who provide a variety of services to support clients who are working to lift themselves out of poverty.



Community Fundraisers



Dedicated volunteers organized a variety of events for the benefit of The Mississauga Food Bank. The **'Twas the Bite Before Christmas Community Foundation** raised **\$42,776** through a series of holiday events in Port Credit.

Other Top Community Fundraisers:

- The Grand Ole Jamboree, hosted by Carolyn Parrish – **\$31,600**
- CBC Toronto's Sounds of the Season – **\$22,946**
- OPP Port Credit Detachment Cram the Cruiser – **\$21,020**
- Seeker's Hub FeedME – **\$11,554**

LEGEND

- Red Triangle: Neighbourhood Food Banks
- Green Triangle: Meal Programs
- Blue Triangle: Breakfast Clubs
- Purple Triangle: Snack and Other Programs
- Green Triangle: Food Pantries

FOOD SOURCES

Food Drives and General Public – 36%

Corporate Food Donors – 25%

